

# Winter 2007 Activity Schedule

January 22 - March 31, 2007

*Registrations are now being accepted.*

## PARKS & REC INDEX

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www.culpepercounty.gov  
(Click on Parks and Recreation)

## ARTS & CRAFTS

### VALENTINE COOKIES & CRAFTS

Bring your little one out to have fun making crafts and eating cookies. Each child will take home at least two crafts that they'll create. All supplies included - the only thing needed is your little one. Adult participation is required for ages 4-7

*Instructor:* Tabitha Riley

*Location:* Community Room, 303 N. Main

Option	Ages	Day	Dates	Time	Fee
A	4-7	Sa	2/10	9:00a-11:00a	\$8
B	8-13	Sa	2/10	12:00n-2:00p	\$10

**NEW!** **CAKE DECORATING BASICS**  
This class will show the basics of cake decorating, from icing to borders to roses. Yep, even learn how to make roses. All supplies are included (icing, decorating bag, tips, and practice sheets). Please bring a cake (round or rectangle) to decorate and take home. Class is limited to 4 participants.

*Instructor:* Tabitha Riley

*Location:* The Depot, 113 S. Commerce

Ages	Day	Dates	Time	Fee
16-adult	Sa	2/24	1:00p-4:00p	\$35

### WE NEED YOUR HELP!

We are constantly looking for new and exciting programs, but our Programs Supervisor is only one person and can't think of everything. So if you've got an idea for a class or a trip, please email Tabitha Riley at [triley@culpepercounty.gov](mailto:triley@culpepercounty.gov).

If you've got some extra time and would like to teach or coordinate a class or program, we especially want to hear from you!

### BALLOON SCULPTING

Have you ever wondered how to make balloon animals? Learn how to create an entire zoo with this new balloon sculpting class. This is a perfect family activity! Participants will learn how to make balloon sculptures such as dogs, mice, teddy bears, dinosaurs, giraffes, swords, hats and much, much more! All materials will be provided for the class. Just bring yourself. Hurry and sign up soon - there are limited spaces available! Anyone under 10 must be accompanied by someone 16 or older that is registered.

*Instructor:* Wes Iseli, Magician

**Session 1:** *Location:* Culpeper M.S. - cafeteria

Ages	Day	Dates	Time	Fee
5-adult	Th	2/1	8:00p-9:00p	\$14

**Session 2:** *Location* Community Rm, 303 N. Main

Ages	Day	Dates	Time	Fee
5-adult	Sa	2/3	8:00p-9:00p	\$14

**Session 3:** *Location:* Culpeper M.S. - cafeteria

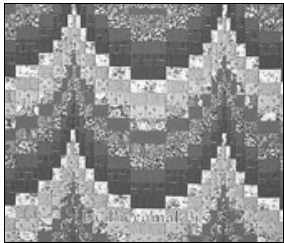
Ages	Day	Dates	Time	Fee
5-adult	Th	3/1	8:00p-9:00p	\$14

### BARGELLO QUILT

This class will focus on making a Bargello quilt using a swag pattern. Must have your own sewing machine. Basic sewing supplies are needed. Fabric quantities will be discussed at first class, depends on desired size.

*Instructor:* Joyce Calhoun

*Location:* Floyd T. Binns M.S.



Ages	Day	Dates	Time	Fee
16-adult	Tu	1/30-3/20	6:00p-8:00p	\$40

**Pre-registration is required for all activities, unless otherwise noted. See page 24 & 25 on how to register.**

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ONE STROKE PAINTING INFORMATION CLASS

One Stroke Painting is a decorative painting technique where blending, shading, and highlighting are completed with one brush stroke. This information class will introduce you to One Stroke Painting and will discuss supplies that you would need to take the instructional class. Attendance to this information class is not required to take the instructional class, but is highly recommended. Pre-registration is recommended.

*Instructor:* Linda Bradshaw - Certified One Stroke Instructor  
*Location:* Culpeper Co. H.S.

Ages	Day	Dates	Time	Fee
14-adult	Tu	2/6	6:00p-7:00p	\$5



ONE STROKE PAINTING

One Stroke Painting is a decorative painting technique where blending, shading, and highlighting are completed with one brush stroke. This instructional course will teach One Stroke wildflowers, daisies, sunflowers, five petal flowers, roses, and the appropriate leaves for each flower. Once you learn to do this fun and easy style of painting, you can impress all your friends. Supplies are not included, but will be discussed at the information class. See description above.

*Instructor:* Linda Bradshaw - Certified One Stroke Instructor  
*Location:* Culpeper Co. H.S.

Ages	Day	Dates	Time	Fee
14-adult	Tu	2/20-3/27	6:00p-8:30p	\$59

OIL PAINTING

This class is designed for those just getting interested in painting and those who've already got a painting started and just want a little guidance. Local artist Linda Ramer will teach the basics of painting from how to prepare a canvas to composition, color mixing, and completion of desired imagery. Classes are taught in oils, but those already working in acrylics may bring them. Minimal-shared paint set provided, but personal materials are preferred for your own intent and development.

*Instructor:* Linda Ramer  
*Location:* Culpeper Co. H.S.



Ages	Day	Dates	Time	Fee
16-adult	Tu	1/23-3/13	6:30p-8:30p	\$85

FIGURE DRAWING



Join local artist Linda Ramer to explore drawing from the live figure. We will use quick gesture sketches, studies in movement and long poses for portrait development. All levels of artists are welcome, but this class is geared for those with some drawing experience. Bring your own drawing materials, both hard edge and soft will be used with a final composition in your choice. Some supplies will be provided.

*Instructor:* Linda Ramer  
*Location:* Culpeper Co. H.S.

Ages	Day	Dates	Time	Fee
16-adult	Th	2/8-3/15	6:30p-8:00p	\$67

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Simply go to [www.culpepercounty.gov](http://www.culpepercounty.gov) and click on C.A.N.S. to set up your account.

You can receive this publication, periodic updates regarding activities, and much more by email!

DANCE

CREATIVE MOVEMENT

Preschool students will learn the beginning movements for ballet, including positions. Students take turns moving to different music, beats, and words while learning to create animals, flowers, and butterflies.

*Instructor:* In Motion Dance Center Staff  
*Location:* 128 W. Culpeper St., Suite 200

Ages	Day	Dates	Time	Fee
3-5	Tu	1/23-3/13	12:45p-1:15p	\$48



HOP N BOP JAZZ

Students learn the basic positioning for dancing to fast beat, fun kid songs. Students learn to follow directions and move to the beat of music. They will learn and dance to familiar songs such as the Chicken Dance and the Bunny Hop.

*Instructor:* In Motion Dance Center Staff  
*Location:* 128 W. Culpeper St., Suite 200

Ages	Day	Dates	Time	Fee
3-5	Tu	1/23-3/13	1:15p-1:45p	\$48

PRE-SCHOOL TAP

After a fun warm-up, your little one will learn basic tap moves from shuffles, to ball changes, to noise games with their feet, all set to fun music for kids.

*Instructor:* In Motion Dance Center Staff  
*Location:* 128 W. Culpeper St., Suite 200

Ages	Day	Dates	Time	Fee
3-5	Tu	1/23-3/13	1:45p-2:15p	\$48

Registration Information & Form on page 24 & 25

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BALLROOM DANCING I

Have you always wanted to learn how to dance? This class will teach you a number of the elegant dance steps seen in many of the world’s finest ballrooms. Try the Waltz, Cha-cha, Rumba, and Fox Trot, along with others.  
*Instructor:* John Gentile  
*Location:* Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
16-adult	W	1/24-3/14	7:00p-8:00p	See note

**Note:** \*Fee \$40 Individual - \$72 Couple

BALLROOM DANCING II

*Pre-requisite:* Ballroom Dancing I  
This class will be an extension of Ballroom Dancing I. Your ballroom dancing skills will be taken a step further with additional emphasis on leading & following as well as additional turns, moves, and maneuvers. So step up, step out, and let’s dance.  
*Instructor:* John Gentile  
*Location:* Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
16-adult	W	1/24-3/14	8:00p-9:00p	See note

**Note:** \*Fee \$40 Individual - \$72 Couple

SWING DANCE

Does the music of the big band era get your feet stomping and your head bobbing? Then we have just the thing for you! This class will teach you the popular styles of the big band dance era. Come alone or bring a friend or family member. It promises to be fun.  
*Instructor:* John Gentile  
*Location:* Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
16-adult	W	1/24-3/14	9:00p-10:00p	See note

**Note:** \*Fee \$40 Individual - \$72 Couple

HEALTH & FITNESS

SEATED FITNESS

This is a gentle workout that incorporates cardiovascular strength, muscular strength, range of motion, and flexibility, while seated in a chair. Please bring your own water and a towel. These aerobic movements are geared toward those 50 years and older.  
*Instructor:* Sharon Steele  
*Location:* Culpeper Co. Library – Large Meeting Room

Ages	Day	Dates	Time	Fee
50+	W	3/7-3/28	2:00p-3:00p	\$14

FIT FOR LIFE

If you need some fun & movement in your life, then come on out and get Fit for Life! This class is full of fun, low impact exercises and aerobic dance moves. The routine uses a chair (for some seated exercises), a face towel, and a set of light weights, which when combined gives you a great workout that is fun and hard to get anywhere else  
*Instructor:* Maggie Corradi  
*Location:* The Depot, 113 S. Commerce

Session I

Option	Ages	Day	Dates	Time	Fee
A	30+	M	1/8-1/29	10:30a-11:30a	\$16
B	30+	Th	1/11-1/25	10:30a-11:30a	\$12
C	30+	M&Th	1/8-1/29	10:30a-11:30a	\$28

Session II

Option	Ages	Day	Dates	Time	Fee
D	30+	M	2/5-2/26	10:30a-11:30a	\$16
E	30+	Th	2/1-2/22	10:30a-11:30a	\$16
F	30+	M&Th	2/1-2/26	10:30a-11:30a	\$32

Session III

Option	Ages	Day	Dates	Time	Fee
G	30+	M	3/5-3/26	10:30a-11:30a	\$16
H	30+	Th	3/1-3/29	10:30a-11:30a	\$20
I	30+	M&Th	3/1-3/29	10:30a-11:30a	\$36

LEISURE LEARNING

BLOWFISH ROBOCRAFT

It is loads of fun to build. It’s a Robotfish, with big, puffy cheeks. You will build it and take it home. It is great to play with and educational too. Watch it as it moves in our miniature pool. Our Blowfish Robocraft is propelled forward by a left/right moving tail fin. Learn about gears and circuits as you have fun building it. Your Blowfish Robocraft has a motor ,and you will learn how it works. You will also get to design and build other robots that can perform many tasks. Build a car for speed and go on our obstacle course. Build Robots to lift heavy objects. We will see how fast your Blowfish Robocraft is, as you enter our Sciensational Workshop races. A lot of fun and education mixed together  
*Instructor:* Sciensational Workshops for Kids  
*Location:* Floyd T. Binns M.S. - cafeteria

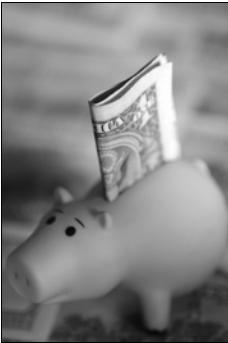
Ages	Day	Dates	Time	Fee
7-12	M & Tu	1/22-1/23	9:00a-4:30p	\$130

**Note:** Registration deadline 1/9



PERSONAL FINANCIAL MANAGEMENT

This course is designed to teach teenagers / young adults and their parents (and anyone who’s interested) the fundamentals of personal financial topics such as budgeting, personal savings, retirement savings, and debt management. Did you know...The average college student carries a credit card balance of \$2,100 with 56% of college students holding at least four credit cards by their final year in college. Fewer than 50% of workers in their twenties participate in their employers’ 401(k) retirement plan despite reductions in corporate pension plans. The prevalence of consumer



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Contact Parks and Recreation at 540-727-3412 [www.culpepercounty.gov](http://www.culpepercounty.gov)



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(Continued from page 17)

debt and increasing pressure on individuals to fund their retirement makes a basic knowledge of personal finance essential for young adults and teens. Session 1 & 2 cover the same topics, just offered on different dates.  
*Volunteer Instructor:* Jeff Hatcher

**Session 1:** *Location:* Floyd T. Binns M.S.

Ages	Day	Dates	Time	Fee
16-adult	M & Tu	2/5-2/6	6:00p-8:00p	\$5

**Session 2:** *Location:* Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
16-adult	Sa	3/3	9:00a-12:00n	\$5

DIGITAL PHOTOGRAPHY

Now that you got that nice shiny new digital camera for the holidays, do you know what it can do? This class provides an in-depth look at the subtle workings of a digital camera and its functions; just what you need to take your photography into a new era. Learn more about using a digital camera in a photographic environment, so you can digitally enhance your best work.  
*Instructor:* Brian Ashdown, photographer  
*Location:* Floyd T. Binns M.S.

Ages	Day	Dates	Time	Fee
16-adult	M	1/22-3/5	6:30p-7:45p	\$55

**Note: No class 2/19.** If you have your own digital camera and/or laptop feel free to bring it, although it is not a requirement.



INTRODUCTION TO MAGIC FOR KIDS

Hey Kids! Want to learn some magic tricks? Then tell Mom & Dad to sign you up for this hands-on class where you will learn card tricks, money tricks, mind-reading tricks, and much, much more. You'll also get notes (so you don't forget anything) and will take home magic tricks you just learned so you can fool your friends and family when you get home.  
*Instructor:* Wes Iseli, Magician

**Session 1:** *Location:* Culpeper M.S.

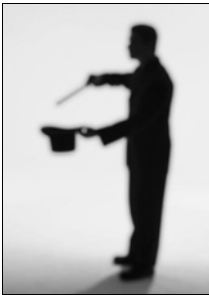
Ages	Day	Dates	Time	Fee
5-9	Th	2/1	5:30p-6:30p	\$14

**Session 2:** *Location* Community Rm, 303 N. Main

Ages	Day	Dates	Time	Fee
5-9	Sa	2/3	5:30p-6:30p	\$14

**Session 3:** *Location:* Culpeper M.S.

Ages	Day	Dates	Time	Fee
5-9	Th	3/1	5:30-6:30p	\$14



INTRODUCTION TO MAGIC FOR EVERYONE ELSE

Have you always wanted to be able to show off some neat magic trick at a party? Then come on out and learn some great magic tricks. You will learn card tricks, mind-reading tricks and more. Also included is a pencil thru dollar bill illusion you can make at home (this trick is worth the price of admission alone). Learn a really cool business card trick and more.

*Continued next column...*

*Instructor:* Wes Iseli, Magician

**Session 1:** *Location:* Culpeper M.S.

Ages	Day	Dates	Time	Fee
10-adult	Th	2/1	6:45p-7:45p	\$14

**Session 2:** *Location* Community Rm, 303 N. Main

Ages	Day	Dates	Time	Fee
10-adult	Sa	2/3	6:45p-7:45p	\$14

**Session 3:** *Location:* Culpeper M.S.

Ages	Day	Dates	Time	Fee
5-9	Th	3/1	6:45p-7:45p	\$14

BALLOON SCULPTING

*See the Arts & Crafts section on page 15 for details.*



STORY TELLING FOR KIDS

*Details were not finalized at print. Visit our website at [www.culpepercounty.gov](http://www.culpepercounty.gov)*

PAWS, HOOFS, FEATHERS & FINS

K.I.S.M.I.F. Dog Obedience Training  
(Keep It Simple; Make It Fun)

PUPPY KINDERGARTEN

Now that you've got that adorable bundle of fur, let's get started on the ABC's of puppy training using positive reinforcement. We will focus on attention, better behavior, and communication through verbal & visual cues. First class is an orientation for owner only; please leave Fido at home. Must bring copy of current immunization record to first class.

*Instructor:* Betty Ann Howell

*Location:* Community Room, 303 N. Main

*Ages:* Puppies 3-5 months  
Humans 10 & up (under 16 w/ adult)

Ages	Day	Dates	Time	Fee
See above	Tu	1/23-3/13	6:00p-7:00p	\$85

Registration Information & Form on page 24 & 25

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DOG OBEDIENCE NOTES

Discounts

- \* Seniors - 55 & up - 10% discount
- \* 2nd dog in same family—10% discount
- \* Dogs adopted from Culpeper Animal Shelter - 20% discount - must provide copy of adoption contract
- \* Only one discount per dog per family.

BEGINNING MANNERS

Isn't that new puppy or dog just absolutely adorable? But how about its behavior? Does your puppy/dog need to learn some manners? If so, then here's the solution; bring little Fido out to this class



where he/she will learn basic commands, socialization, and dog attention. Any dog, whether they're 4 months or 4 years, can attend. First class is an orientation for owner only; please leave Fido at home. Must bring copy of current immunization record to first class.

Instructor: Betty Ann Howell

Location: Community Room, 303 N. Main

Ages: Dogs 4 months & up - Humans 10 & up (under 16 w/ adult)

Option	Ages	Day	Dates	Time	Fee
A	See above	Tu	1/23-3/13	10:00a-11:00a	\$85
B	See above	Tu	1/23-3/13	7:00p-8:00p	\$85

K-9 GOOD CITIZEN

Prerequisite: Must have taken the Beginning Manners, other dog obedience class, or placement by instructor.

Does Fluffy listen to your commands only when he wants to? Could he use a refresher course in training? Then sign up now, because here is the class to help you and Fluffy. K-9 Good Citizen training will give you 10 steps to help your dog gain confidence and control. Must bring copy of current immunization record to first class.

Instructor: Betty Ann Howell

Location: Community Room, 303 N. Main

Ages: Humans 10 & up (under 16 w/ adult) Dogs 6 months & up

Ages	Day	Dates	Time	Fee
See above	Tu	1/23-3/13	11:00a-12:00n	\$85

PRESCHOOL



VALENTINE'S PARTY

Each student will have the opportunity to share information about his/her family and the ones he/she loves through interactive stories, arts and crafts, and active games. A heavy snack will be served as a part of the class. Children will make a durable special memory keepsake for his/her family members. Caregivers must stay for the entire class for children who are not potty-trained and/or do not separate well. **Supply fee:** \$5 per child paid to the instructor at the beginning of class.

**Pre-registration required (\$11 fee)**

Instructor: Tracy Wormack

Location: Community Room, 303 N Main

Ages	Day	Dates	Time	Fee
2.5-5	W	2/14	10:00a-12:00n	\$11



SPRING FLING



Each student will have the opportunity to learn all about nature and spring through interactive stories, gardening, arts and crafts, and active games. Please wear play clothes appropriate for mural painting. A heavy snack will be served as a part of the class. Children will plant their own spring garden to take home. Caregivers must stay for the entire class for children who are not potty-trained and/or do not separate well.

**Supply fee:** \$5 per child paid to the instructor at the beginning of class.

**Pre-registration required (\$11 fee)**

Instructor: Tracy Wormack

Location: Community Room, 303 N Main

Ages	Day	Dates	Time	Fee
2.5-5	M	3/12	10:00a-12:00n	\$11

BEGINNING TUMBLING I

Bring your little boys and girls out to learn the proper ways to tumble through organized play. This is a great class to let your child socialize with others, while they dream of being a gymnast. Parent participation is required to encourage students to participate. Children should wear loose-fitting clothing or leotards, no jeans. Children should wear grippie socks or soft slippers, no sandals or tennis shoes during class. Siblings may not attend unless they meet the age eligibility and are registered in the course.

Instructor: Joanne Munson

Location: Community Room, 303 N. Main

Option	Ages	Day	Dates	Time	Fee
A	2-3.5	F	2/2-3/9	9:30a-10:15a	\$30
B	3.5-4	F	2/2-3/9	10:30a-11:15a	\$30



BEGINNING TUMBLING II

For those who have already taken Beginning Tumbling I, this class will build upon the skills your child has already learned and will take them to the next level. Parent participation is required to encourage students to participate. Children should wear loose-fitting clothing or leotards, no jeans. Children should wear grippie socks or soft slippers, no sandals or tennis shoes during class. Siblings may not attend unless they meet the age eligibility and are registered in the course.

Instructor: Joanne Munson

Location: Community Room, 303 N. Main

Ages	Day	Dates	Time	Fee
2-4	F	2/2-3/9	11:30a-12:15p	\$30

Contact Parks and Recreation at 540-727-3412 [www.culpepercounty.gov](http://www.culpepercounty.gov)

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RHYTHM & STRINGS

BEGINNING GUITAR

Do you have a guitar that you intended to teach yourself to play? Do you need a little help learning? Then this 7-week class is just the thing for you! Darcy Canton will teach you the basic strumming techniques and chords to get you started playing.  
Instructor: Darcy Canton  
Location: Floyd T. Binns M.S.

Ages	Day	Dates	Time	Fee
12-adult	Tu	1/30-3/13	6:30p-8:30p	\$50

Note: Must have your own guitar



INTERMEDIATE GUITAR

This 6-week class is for those who already know basic chords. The course is designed to advance the student to the next level of playing using basic fingering and strumming techniques. The student will also have the opportunity to practice applied voice (if you choose), along with playing the instrument in an informal supportive setting.  
Instructor: Thom Shotwell  
Location: Floyd T. Binns M.S.

Ages	Day	Dates	Time	Fee
12-adult	W	1/31-3/7	6:00p-8:00p	\$50

Note: Must have your own guitar

SILVER CLUB

WHEN: Every Wednesday  
TIME: 10:00 a.m. – 2:00 p.m.  
WHERE: Culpeper County Library Meeting Room  
FEE: \$5.00 per year  
AGES: 55 & up (must be Culpeper Resident)  
COORDINATOR: Marshall Conner  
540-727-3412 ext 6

How do I join? Simply come on out to the Library on a Wednesday between 10:00 a.m.-2:00 p.m. and talk to Marshall Conner.  
FYI - At the Wednesday meetings, members bring a covered dish to share for lunch.

OLD AGE IS LIKE EVERYTHING ELSE. TO MAKE A SUCCESS OF IT, YOU'VE GOT TO START YOUNG. ~ Fred Astaire ~

Check out Culpeper County Parks and Recreation's largest and most entertaining program.  
Join fellow senior citizens at weekly meetings, enjoy a covered-dish lunch and participate in activities like bingo, speakers, trips, holiday parties, crafts and other projects. For many of Culpeper's seniors the program provides an environment where lasting friendships are formed. Don't expect the Silver Club to stay put every week.  
The club usually takes a trip every two months. Trips have included Cumberland Scenic Railroad, Balti-

more's Inner Harbor, Riverside Dinner Theater, Lunch Cruises, National Cathedral in Washington, D.C., Graves Mountain Lodge, and it proudly took two members to compete in the Virginia Senior Games held in Virginia Beach. In fact, our representatives brought home three medals!  
In addition to its larger trips the Silver Citizens enjoy smaller trips to local sites of interest.  
The Silver Club also stays informed of local happenings through its speaker program. Over the past year the group has listened to presentations from community organizations, police, businesses, county officials, entertainers, historians, authors, storytellers and other notable members of the community.  
Speaking of community, the Silver Citizens play an active role within the town and county of Culpeper. Many serve the community as volunteers and mentors. The Silver Club strives to benefit its members and the community-at-large.  
Now is the time to recycle your expertise and life experience and share it with others.  
Many recent articles in the *Culpeper Star Exponent*, *Culpeper News* and *Culpeper Citizen* have profiled the many activities this group undertakes.  
The Silver Club also proudly supports local food closets and this year alone sent 10 school supplies/clothing packages to an orphanage in Kabul, Afghanistan, supported the AdoptUSTroops program and contributed to many other local and national charities.

Registration Information & Form on page 24 & 25



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SENIOR CRAFTS

Enjoy the company of fellow active seniors and create a wide array of crafts. This is an ongoing Silver Club activity held the 3rd Wednesday of each month after lunch. Participants are asked to donate \$1.00 to the instructor to help cover cost of small craft.

Volunteer Instructor: Frances Wood  
Location: Culpeper Co. Library—Large Meeting Room

Ages	Day	Dates	Time
55+	W	3rd Wed. each month	1:00p-2:00p



SENIOR WRITING CLUB

Everyone has a story to tell. Learn to put your stories into words and enjoy fun-filled writing exercises with fun-loving seniors. Don't worry about experience. We'll help you every step of the way. Who knows? You may be a novelist in the making. Also, learn ways to get your work published. The club will meet twice a month starting in January, and there will be a \$1 registration/supply fee. Classes will run approximately one hour following the Silver Club meetings.

Instructor: Marshall Conner, a professional writer with over 10 years experience in the newspaper and magazine fields.

Location: Culpeper County Library - Large Meeting Room

Ages	Day	Dates	Time	Fee
55+	W	See note	1:00p-2:00p	\$1 yearly

Note: Meets 1st & 2nd Wednesday of each month. For more information contact Marshall at 727-3412 Ext. 6.



SENIOR SKETCHERS

Do you like to sketch? Why not come out and join local artist Roberta Mason as she goes over some basics of sketching for the beginner. But, if you're already an accomplished drawer, Roberta can help you with some finer points as well. Class will meet weekly, but you can come as little or as frequently as you want. \$1.00 yearly pre-registration fee.

Supply Fee: \$5.00 each week payable to the instructor

Volunteer Instructor: Roberta Mason  
Location: Culpeper Co. Library—Large Meeting Room

Ages	Day	Dates	Time	Fee
55+	W	weekly	1:00p-2:00p	\$1 yearly

SPECIAL EVENTS

SILVER SCREEN CLUB

Winter is the perfect film-watching season! Remember the grandeur and pure entertainment of classic films? Want to see those films on a big screen and chat about them? Join us for a Friday afternoon movie at the George Washington Carver-Piedmont Technical Education Center located six miles outside of the Town of Culpeper on Route 15 South towards Orange. So far this program has been a rousing success! Call us to see what's showing. Films are selected from American Film Institute's Top 100 Films List and for artistic merit. Most films are pre-1970s and tend to be from the 1930s to 1960s.

The films will be presented in the Center's auditorium on the following dates:

Jan. 5, 19, Feb. 2 & 16  
More films to come...

Continued Next Column



Times will be 1:00 pm to roughly 3:30 pm (depending on film).

A film discussion will follow the film. Popcorn will be provided free of charge.

NO FEE FOR ADMISSION.

Recreation Coordinator Marshall Conner will host the film and lead discussions. Open to the public. Great for seniors, stay-at-home parents, popular culture fans and film buffs.

For more information or to find out what's playing give us a call at 540-727-3412 Extension 6.

SPORTS



INTRO TO CHEERLEADING

Already a cheerleader or just thinking about becoming one? Then come on out to this 8-week class where basics of cheer, dance, stunts, and tumbling will be taught. These basics will help you to develop the skills necessary to become an all-star cheerleader and/or simply a cheerleader at the school level.

As of print details were not finalized, please visit our website at [www.culpepercounty.gov](http://www.culpepercounty.gov) for dates/times/fees.



YOUTH GIRLS SOCCER CLINIC

Individual skills of dribbling, passing, trapping, shooting and heading will be covered. As well as 1-on-1 and 2-on-2 competitions and full-sided scrimmages. Pre-registration is required by January 11th.

Volunteer Coach: David Stackhouse  
Location: Culpeper Co. H.S. Gym

Grades	Day	Dates	Time	Fee
4-6	Su	1/14-2/18	3:30p-5:00p	\$30

Contact Parks and Recreation at 540-727-3412 [www.culpepercounty.gov](http://www.culpepercounty.gov)

Culpeper County Parks and Recreation

Winter Schedule

**NEW! YOUTH BOYS SOCCER CLINIC**

Open to all boys ages 9-11, this clinic will focus on enhancing skills in kicking, throwing, and blocking. Also endurance skills and small sided soccer games will be done each week. Pre-registration is required by January 19th.  
*Volunteer Coach:* Vince Caporuscio  
*Location:* Culpeper M.S. – gym

Ages	Day	Dates	Time	Fee
9-11	Su	1/21-2/25	6:00p-7:30p	\$30

**NEW! HIGH SCHOOL GIRLS SOCCER CLINIC**

Open to all girls grades 9<sup>th</sup>-12<sup>th</sup>, come and enjoy the speed and excitement of indoor soccer this winter. Keep your skills sharp without having to play in the cold, and get pointers and tips from volunteer coach Glen McAninch. Pre-registration is required by January 19th.  
*Volunteer Coach:* Glen McAninch  
*Location:* Culpeper M.S. - gym

Grades	Day	Dates	Time	Fee
9-12	Su	1/21-2/25	4:00p-5:30p	\$30

**30 & OVER CO-ED INDOOR SOCCER**

Get rid of the winter blues and the holiday pounds by coming out and playing soccer indoors. Pre-registration is required by January 11th. Maximum 25 participants. Must turn 30 by 2/1/07 to participate  
*Volunteer Coordinator:* David Stackhouse  
*Location:* Culpeper Co. H.S. - Gym

Ages	Day	Dates	Time	Fee
30+	Su	1/14-3/25	5:30p-7:00p	\$53

**SENIOR SOFTBALL**

We're recruiting men and women 55 and up who are interested in forming a pick-up softball league at the Culpeper Community Complex.

The Parks and Recreation office wants to start a list of interested men and women. If you'd like to play, give us a call at 540-727-3412 Option 6.

**CO-ED VOLLEYBALL**

Get rid of the winter blues and the holiday pounds – come out and play volleyball, where fun abounds! Some playing experience is beneficial. 18 weeks of games. No games on 4/8. Pre-registration is required by January 11th.  
*Volunteer Coordinator:* Theresa Gore  
*Location:* Culpeper Co. H.S. - Gym

Ages	Day	Dates	Time	Fee
16-adult	Su	1/14-5/20	7:30p-9:30p	\$99



TRIPS

**TENTATIVE TRIPS SCHEDULE:**

**April:** Tour of the Capitol Building and Visiting the Smithsonian Institutes

**May:** Gettysburg, PA

**June:** Tangier Island

**July:** Inner Harbor and Baltimore National Aquarium

**August:** Lancaster, PA (3days/2 nights)

**September:** Maryland Renaissance Fair

**October:** Smithsonian National Zoo, Washington, D.C.

**December:** Holiday Tour of the White House and Shopping at Union Station (information will be in the Fall Issue, available in August)

This is a tentative schedule, and destinations may change. Finalized information will start appearing in the Spring Issue, available on March 9th.

THE LEISURE TIMES RECREATION GUIDE

Below is a listing of non-profit recreational groups based in Culpeper County. The Parks and Recreation Staff strives to keep contact names and numbers as current as possible, however, staff is not always informed of changes. This listing is also on our website for your convenience. Depending on space availability in each issue, this guide may occasionally only appear on our website at [www.culpepercounty.gov](http://www.culpepercounty.gov) If you would like to have your non-profit recreation-related organization listed, please send your information to Tabitha Riley at [triley@culpepercounty.gov](mailto:triley@culpepercounty.gov). Please include: organization name & description of activities, contact name, phone number, and email OR web address. All requests are subject to approval.

**YOUTH SPORTS:**  
(are not operated by the Department)

Culpeper Football Assoc. - Kenny Jackson - 547-9099

Culpeper Youth Football - John Fotenos - 825-1854

Culpeper Youth Basketball - Greg Ward - 547-9188

Culpeper Youth Baseball - Michael Grant - 825-8310

Culpeper Lacrosse Assoc. Foundation - Scott Found - 825-3530

Culpeper Soccer Assoc. – [www.culpepersoccer.net](http://www.culpepersoccer.net)

**COMMUNITY:**

Blue Ridge Chorale of Culpeper - Judy Gore - 540-825-2859

Culpeper Blue Angels All-star Cheer & Dance - Kym Majors - 540-727-2087

Registration Information & Form on page 24 & 25



*Culpeper County Parks and Recreation*

*Community Complex*



**Hi! I'm Mike Skelton, the Parks Superintendent, and working out at the Culpeper Community Complex I get a lot of questions. The most frequent is...**

**Why are the soccer fields not green? Did you kill the grass?**

These are questions I field on a frequent basis from patrons of the Community Complex. The best way for me to answer these questions will be to give you a short lesson called Turf 101.

We live in what is known to turf managers as the transitory zone. Our zone is right on the latitude where our weather is neither extremely cold for long periods nor the opposite, hot for extended periods. But we do have cold periods that are longer than our neighbors to our south, yet on the other hand we are hotter for longer periods than our northern neighbors. So in the grand scheme of turf management we are in a zone that causes us to go crazy. Cool season grass (bluegrass, tall fescue, rye) struggle during our hot humid summers but thrive during our cool wet spring and fall weather. Then the warm season grass (Bermuda, Zoysia) love our summers but go dormant early in the fall when our daylight hours shorten and our nights get colder. So what do we do? Pray a lot?!

No! We choose the right turf species and variety that will best support our overall plan.

We provide a turf that:

- 1. Is safe for our players.
- 2. Promotes high playability.
- 3. Is able to recover from the wear of multiple events.
- 4. Is consistent over the whole playing surface.
- 5. Is capable of supporting fall and early spring sports.

We looked at all these requirements and chose a warm season grass, Riviera Bermuda. This is a hybrid grass that has several high quality traits to meet all our needs.

Pros:

- 1. Cold weather tolerant. (Will survive our winters.)
- 2. Green up quickly in spring.
- 3. Rapid growth.
- 4. Plant from seed. (Majority of Bermuda started from sprigs.)
- 5. Narrow blade.
- 6. High density.
- 7. Short cutting height.
- 8. Disease resistant.
- 9. Loves hot weather.
- 10. Low water requirement.
- 11. Deep root growth.

Cons:

- 1. Short growing season.
- 2. Goes dormant during winter months.
- 3. Requires warm weather to green up in spring.
- 4. Special Mower (reel).

So why is the grass not green? It is dormant until spring, but as you saw we were still playing baseball, football, soccer and softball until November. We have a turf that suits our overall plan, which is a great turf for our community to enjoy playing sports on!

***Thanks!***

Mike Skelton  
Parks Superintendent  
mskelton@culpepercounty.gov

**Contact Parks and Recreation at 540-727-3412   [www.culpepercounty.gov](http://www.culpepercounty.gov)**

2 EASY WAYS TO REGISTER!



Walk-In

- Registration will be accepted at the Parks and Recreation Office, at 155 W. Davis St. Suite 100 from 8:00 a.m. to 4:30 p.m., Monday through Friday (except holidays).



By Mail

- Complete a registration form and mail with payment, cash, check or money order payable to: Culpeper County Parks and Recreation, 155 W. Davis Street, Suite 100, Culpeper, Virginia 22701.
- Please include a self-addressed, stamped envelope, if you require registration confirmation.

Additional Information

Registrations:

- Registrations are welcome upon distribution of class information. Full payment must accompany registration in the form of cash, checks, or money order, payable to Culpeper Co. Parks and Recreation.
- Registrations are accepted on a first come, first served basis.
- The Department is unable to accept telephone registrations at this time.

Refunds:

- If a participant needs to withdraw from a program, a full refund will be issued if the Parks and Recreation Department has been notified before the start of the second class.
- If a participant withdraws from a program after the start of the second class date, then a pro-rated refund, less a \$3 processing fee, will be issued.
- Refunds for one-day activities and all bus/van trips will be given in full, prior to the registration deadline. After the registration deadline refunds, less a \$3 processing fee, are **only given** if a substitute(s) is found and that substitute(s) registers with the Department before the activity/trip date.

Cancellation Policies:

- The Parks and Recreation Department reserves the right to cancel activities for any reason. Refunds are given for any canceled programs.
- The Parks and Recreation Department programs will be canceled when Culpeper County Public Schools cancel or close early, for inclement weather, natural disasters or other occurrences.
- Please listen to the following radio stations for closing announcements: 92.5 FM, 95.9 FM, 103.1 FM, 104.5 FM, & 107.7 FM, visit [www.cancellations.com](http://www.cancellations.com), or call our office at 540-727-3412 and select option 1.

Adjustments

- Department staff has made every effort to prepare this section of the *Culpeper Minutes* as accurately as possible, however, errors can occur. Circumstances may require that adjustments be made to programs, fees, schedules, etc. The Department reserves the right to make any necessary adjustments. The staff apologizes for any inconvenience these errors or adjustments may cause.

ADDRESSES FOR LOCATIONS USED

Facility	Address		City
Community Room	303 N. Main Street, 2nd Floor	(between Duncan Bros. & Family Hair Center)	Culpeper
Culpeper Co. H.S.	14240 Achievement Drive		Culpeper
Culpeper Co. Library	271 Southgate Shopping Center		Culpeper
Culpeper M.S.	14300 Achievement Drive		Culpeper
The Depot	113 South Commerce Street		Culpeper
Emerald Hill Elem.	11245 Rixeyville Road		Culpeper
Floyd T. Binns M.S.	205 East Grandview Avenue		Culpeper
GW Carver Piedmont Tech	9432 James Madison Highway	(6 miles out Rt. 15 S. on left side)	Rapidan
Pearl Sample Elem.	18480 Simms Drive		Culpeper
Spilman Park	3543 Colvin Road		Jeffersonton
Sycamore Park Elem.	451 Radio Lane		Culpeper

Culpeper County Parks & Recreation Registration Form

Program Name: \_\_\_\_\_ Dates: \_\_\_\_\_ Time: \_\_\_\_\_ Cost: \_\_\_\_\_

Session: \_\_\_\_\_ Option: \_\_\_\_\_ Day(s): M Tu W Th F Sa Su

Participant Name: \_\_\_\_\_ ☐M ☐F Age/Grade: \_\_\_\_/\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Mailing Address: \_\_\_\_\_ City / Zip: \_\_\_\_\_/\_\_\_\_\_

Please list any allergies, medication, restrictions, or special accommodations that the participant has that staff needs to know about.

Phone: Hm: (\_\_\_\_) \_\_\_\_\_ Wk: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

Email address: \_\_\_\_\_@\_\_\_\_\_ (will never be sold or distributed)

Parent/Guardian(s) Name (if participant is under 18): \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: Hm: (\_\_\_\_) \_\_\_\_\_ Wk: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

Media Release: ☐YES ☐NO INITIAL \_\_\_\_\_ I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

Assumption of Risk and Release: In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

Participant Signature (7yrs & older) \_\_\_\_\_

Parent / Guardian Signature (if participant 17 or younger) \_\_\_\_\_

Date \_\_\_\_\_

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701 - Phone: (540) 727-3412, Fax: (540) 727-2802, Website: [www.culpepercounty.gov](http://www.culpepercounty.gov)

Culpeper County Parks & Recreation Registration Form

Program Name: \_\_\_\_\_ Dates: \_\_\_\_\_ Time: \_\_\_\_\_ Cost: \_\_\_\_\_

Session: \_\_\_\_\_ Option: \_\_\_\_\_ Day(s): M Tu W Th F Sa Su

Participant Name: \_\_\_\_\_ ☐M ☐F Age/Grade: \_\_\_\_/\_\_\_\_ Birth Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Mailing Address: \_\_\_\_\_ City / Zip: \_\_\_\_\_/\_\_\_\_\_

Please list any allergies, medication, restrictions, or special accommodations that the participant has that staff needs to know about.

Phone: Hm: (\_\_\_\_) \_\_\_\_\_ Wk: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

Email address: \_\_\_\_\_@\_\_\_\_\_ (will never be sold or distributed)

Parent/Guardian(s) Name (if participant is under 18): \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_

Phone: Hm: (\_\_\_\_) \_\_\_\_\_ Wk: (\_\_\_\_) \_\_\_\_\_ Cell: (\_\_\_\_) \_\_\_\_\_

Media Release: ☐YES ☐NO INITIAL \_\_\_\_\_ I understand that I may be photographed and/or videotaped while participating in this activity. I agree to allow Culpeper County Parks & Recreation Department to use said photographs and/or videotapes in Department publications, media campaigns, educational and/or safety purposes, but not for any profit-making activity. I further waive any remuneration for publishing and/or printing such photographs of me. I understand that by affixing my signature on this form that I attest to having read, fully understand and agree to the conditions as set forth above.

Assumption of Risk and Release: In agreeing to participate in the program, as an adult participant or as a parent or a guardian of a participant, I and/or the participant do hereby affirm that the general health of the participant is good, and that the participant is not adversely affected by exercise, and that the participant is capable of performing an activity of this nature.

In consideration of participating in this activity, I and/or the participant do hereby assume all risk of any injury to the participant and will indemnify and hold harmless, from any and all liability, action, cause of action, claims, and demands of every kind or nature whatsoever that I and/or the participant have or which arise from or in connection with my participation in this activity, the County of Culpeper, Virginia, the County Board of Supervisors, the Culpeper County Department of Parks and Recreation, the Culpeper County School Board, the Town of Culpeper, and all their officers, agents, employees, staff, volunteers and successors.

It is likewise assumed and agreed that the participant will, at his own expense, wear the proper clothing and protective equipment during the activity, and that it is the responsibility of the participant or parent or guardian to make sure the criteria are met. I grant my permission to the county or its agents to transport the participant to and from an event or activity when required and hold harmless those assigned to transport. I also agree to allow transportation of the participant to the nearest physician or hospital for medical treatment and agree to allow for immediate first aid to the injured participant, if and when deemed necessary.

Participant Signature (7yrs & older) \_\_\_\_\_

Parent / Guardian Signature (if participant 17 or younger) \_\_\_\_\_

Date \_\_\_\_\_

Culpeper County Parks and Recreation, 155 W. Davis St., Suite 100 Culpeper, Virginia 22701 - Phone: (540) 727-3412, Fax: (540) 727-2802, Website: [www.culpepercounty.gov](http://www.culpepercounty.gov)



## Culpeper County Parks and Recreation

## What's Going On?

### SPILMAN COMMUNITY PARK...

...is 27 acres of land located in the Jefferson District on Route 621, which offers residents a cross section of passive, historical, natural and active recreation. Within approximately 25 minutes from the center of the Town of Culpeper, the park provides a multipurpose field, a pavilion for 60 sit down picnickers, a preschool playground, a ½ mile winding trail and the natural beauty of the land. The park is open to residents throughout the year, and the pavilion and multipurpose field can be reserved by contacting the Parks and Recreation Department.

Over the years, the Department staff has taken pride and appreciated the support donated by the many volunteers interested in maintaining the park's integrity. If there is an interest in helping with tree maintenance and trimming, landscaping and other tasks or becoming a friend of the park, please contact the Parks and Recreation office at 540-727-3412 extension 4, or access the county web page at [www.culpepercounty.gov](http://www.culpepercounty.gov) and click on Parks and Recreation.



### CULPEPER COMMUNITY COMPLEX

Well, the park has undergone a full year of use by local youth sports associations and other residents. Approximately 2,000 children and an undisclosed number of parents and spectators have flooded the luscious green space. So far, the park has survived quite admirably. The time and effort invested by staff, contractors and volunteers in maintaining the facility has paid an unknown dividend to the visitors, but will be visually apparent to the public in years to come.

One investment has been the cooperation between the Parks and Recreation Department and the youth sports associations using the facility. A conscientious decision was made by the associations to avoid using the ball fields for practice. This thoughtfulness allowed the turf to firmly establish itself and become hardier for an extended turf life. This promotes more game time on the fields, and hopefully will attract tournaments to the area.

Another investment is the unselfish time invested by Mike Skelton, County Parks Superintendent. Skelton's hiring in March brought a valuable employee to oversee the operations and maintenance of all county parks. Mike's knowledge of turf, irrigation procedures and other facets of park maintenance, that will include planning for the future, will be an asset to the county for years to come.

Although the grass is green, sustainable, and playable, underlying issues continue to hinder park maintenance. For instance, staff is still struggling with the mechanical inconsistencies of the water pump house that feeds water to the irrigation system. Also, some fields seem to hold water longer after storms, restricting play on the fields.

The construction of concession stands is desperately needed. Several groups including Miller Brothers Construction Company, the Piedmont Valley Builders Industrial Association, and the County Parks and Recreation Department are working feverishly to forge together professional volunteers who will donate construction services and build two stands to serve the public. There is still a need for heating, ventilation, and air conditioning assistance. Materials and equipment will be sought from companies interested in community well-being. Two electric lines from separate park transformers need to be run and connected to the field scoreboards and concession stands for future operations.

The Culpeper Recreation Foundation, Inc., a 501 (c) (3) non-profit organization, has been busy locating potential funding sources to assist in further development of the park. Over the last year the Foundation raised sufficient funds to complete fencing of all baseball fields, install 10 scoreboards, 11 spectator bleachers, and a portable scoreboard.

There are several naming opportunities still available at the park. Other donations of \$500 and above from smaller business and individuals will be acknowledged through a recognition plaque displayed at a visible site within the park. Some items that still need to be purchased are shade trees of various species, flagpoles, an entrance sign, picnic pavilions and benches, water fountains, and other amenities that are listed on a foundation brochure. If interested in a brochure or contributing to the continuing growth of the park, please contact the Culpeper Recreation Foundation by calling John Barrett, Parks and Recreation Director at 540-727-3412 extension 8.

### LENN BROTHERS PROPERTY

The County of Culpeper recently received a donation of approximately 82 acres of land in the Stevensburg District to be used for recreational development. The property owners generously offered this valuable green space to the County for the pleasure of all citizens. The Lenn Brothers deeply believe their donation will enhance a sense of community and a better quality of life for all residents who visit the site.

Already County staff are preparing conceptual plans for the development of the facility based on community needs. Tentative plans for the property would offer a diverse variety of active and passive opportunities, which may include: one adult baseball and several adult softball fields, a soap box derby track, a field for flying radio controlled model airplanes; and along Mountain Run Creek, a scenic one-mile walking trail, leading to a historical landmark.